Wednesday 28 October 2020

| 15:31:56 | From POA Learning: Welcome everyone to the POA Learning ADHD Conference "Therapies, Tools & Techniques" webinar presented by Giuliana Wheater. Please feel free to type your questions here for Giuliana to answer. |
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| 15:34:28 | From : Loved the session yesterday. So interesting. |
| 15:52:28 | From : QU can you recommend good yoga online please (in person is not possible) ? |
| 15:55:59 | From : any ideas for a recently diagnosed 16 year old boy? he's never going to do yoga or play games, let us massage him etc |
| 15:59:23 | From POA Learning: Bookings are still being taken for the rest of today's ADHD webinars https://www.poalearning.org.uk/adhd2020 |
| 16:02:14 | From : QU POA - will this recording be available afterwards pls? |
| 16:02:28 | From : How long does it take for the grey matter to change? |
| 16:02:36 | From : You are brilliant! :) |
| 16:03:42 | From: Emails will be sent, soon after the webinars, with further information and answers to questions. Thank you. The recording will also be available on the POA Learning website. |
| 16:06:04 | From : https://www.poalearning.org.uk/ |
| 16:09:56 | From: thanks so much, can you please kindly provide the exact links for the ADHD webinars recordings? I can't seem to locate themthanks again for your help |
| 16:11:02 | From : Can you recommend any YouTube meditations/visualisations? |
| 16:12:13 | From : Thank you :) |
| 16:13:21 | From POA Learning : Guiliana Wheater |
| | https://www.therapiesforspecialneeds.co.uk/ info@therapiesforspecialneeds.co.uk https://www.youtube.com/channel/UCPIsbbgORolb60cIfECiPIQ |
| 16:14:56 | From POA Learning: L, the recording links for the ADHD Conference webinars are not available yet but will be on the POA Learning website fairly soon. |
| 16:18:35 | From : Oh I see, can you please kindly send an email to all the attendees to let us know when the ADHD conference webinars are ready for viewing? May I ask usually how long will the recorded webinars be available on the POA Learning website? thanks very much |

| 16:20:24 | From POA Learning: Emails will be sent, soon after the webinars, with further information and answers to questions. Thank you. |
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| 16:21:02 | From: It's lovely listening to you! |
| 16:22:04 | From : QU Do you work with adults please? |
| 16:22:16 | From : thanks :-) |
| 16:27:39 | From : can you please kindly provide a summary of various web links, book names, slides etc mentioned & shown by Guiliana today so we can use them for us as references? |
| 16:31:06 you! | From: A breath of fresh air to watch. Such passion and very informative. Thank |
| 16:31:13 | From POA Learning: Thank you everyone for joining us today and for your contributions. A window will appear at the end of the webinar for feedback. This helps POA Learning to improve and provide future learning opportunities. Thank you. Jill |
| 16:32:05 | From: I have absolutely adored listening to you speak again, thank you for all your wonderful ideas and insight! |
| 16:32:14 | From: empowering talk thankyou so much |
| 16:32:19 | From: thank you so much again, it's a very good & informative session, thanks very much Guiliana & Jill! |
| 16:32:31 | From: Thank you for your time. |
| 16:33:06 | From: Its been fantastic listening to you today & yesterday: D keep making a difference x |
| 16:33:09 | From: lovely listening to your enthusiasm, thank you |
| 16:33:15 | From: Thanks Guiliana, excellent:-) |
| 16:33:36 | From: Has been superb. Wishing you all the best for you!!! |
| 16:33:41 | From : Thank you - very enjoyable |
| 16:33:44 | From: I could listen to you all day, what an inspiration. |
| 16:35:06 | From : Thanks :) |